

# PLAY-BASED LEARNING PLAN

CAN-HOPE Education Consultant LLC  
Fast, Stress-Free, & Compliant Templates



| Provider Name:                | Month / Week:                   | Age Group:                          |
|-------------------------------|---------------------------------|-------------------------------------|
| <i>[Your Name / Facility]</i> | <i>[e.g., October - Week 1]</i> | <i>[e.g., Toddlers / Mixed Age]</i> |

 **CAN-HOPE Provider Wisdom:** Use the same core routine every single week! You do not need to invent new stations daily. Simply swap out the specific raw material (e.g., swapping pinecones for cardboard boxes) to satisfy child-led inquiry while checking off your paperwork.

## Weekly Plug-and-Play Routine

| Day & Core Theme             | Material of the Week (The Setup)                                             | Learning Area / Developmental Goal                            |
|------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------|
| <b>Monday: Sensory</b>       | <i>[e.g., Water play with blue food coloring, plastic cups, and funnels]</i> | Fine motor, scientific inquiry (volume/gravity)               |
| <b>Tuesday: Loose Parts</b>  | <i>[e.g., Shoe boxes, paper towel rolls, and painter's tape]</i>             | Spatial awareness, creative engineering                       |
| <b>Wednesday: Building</b>   | <i>[e.g., Wooden blocks, cardboard squares, plastic animals]</i>             | Problem-solving, architectural skills, math                   |
| <b>Thursday: Art/Texture</b> | <i>[e.g., Finger paint on textured foil sheets, paper plates]</i>            | Tactile exploration, creative expression, sensory integration |
| <b>Friday: Nature</b>        | <i>[e.g., Pinecones, tree bark,</i>                                          | Cognitive curiosity, botanical                                |

|  |                                        |                          |
|--|----------------------------------------|--------------------------|
|  | <i>leaves, and magnifying glasses]</i> | exploration, observation |
|--|----------------------------------------|--------------------------|

### Observe & Scaffold (The 5-Minute Plan)

| Observe (What are they loving right now?)                              | Scaffold (One material or question to add tomorrow)             |
|------------------------------------------------------------------------|-----------------------------------------------------------------|
| <i>[Example: Kids are obsessed with wrapping objects in playdough]</i> | <i>[Add plastic butter knives and scrap paper to clay area]</i> |
| <i>[Write observation here during free play]</i>                       | <i>[Write your quick next-step setup here]</i>                  |
| <i>[Write observation here during free play]</i>                       | <i>[Write your quick next-step setup here]</i>                  |



**CAN-HOPE Work-Life Boundary Agreement:**

I will only fill out this template on-the-clock during Quiet/Nap time or via voice-to-text. My weekends belong to my family and my self-care. A rested, happy educator is the best tool in this room.